



Animal Hospital of Mt Pocono

570-839-8116

Summer 2009

www.animalhospitalofmtpocono.com



Dear Pet Lovers,

Those lazy, hazy days of summer are here again. Time to enjoy the many summertime activities the Poconos has to offer. Whether it's playing with your pets at the park, lake or pool, there are a lot of fun times to have. We want summertime to be a happy, healthy, and safe time for you and your pets. With just a few simple steps taken ahead of time on your part, a great deal can be done to achieve this. Remember to give your dog or cat their monthly heartworm prevention and be sure they are receiving a prescription flea and tick preventative. Other summer health tips can be found in this newsletter. We hope you enjoy it.

Wishing you a safe and healthy summer season,
Dr. Joe Valesse



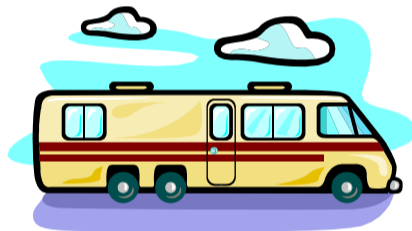
Safely travel with your pet



According to the American Animal Hospital Association, 50% of dogs and cats will travel with their owners this summer. There are many simple things pet owners can do to insure their pet's safety and comfort during a trip, so here are some tips to travel safely with your pet.

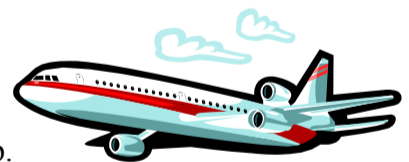
When traveling on the road:

- Be sure to plan rest stops and exercise times for your pet.
- Keep plenty of fresh water in the car to avoid times when reliable water sources may be unavailable.
- Pets travel better with small amounts of food and water frequently, rather than one large meal.
- Cats and small dogs should be kept in carriers, and large dogs can be restrained with a seat belt made for dogs.
- Never allow your dog to stick its head out of the window. At best, they could sustain ear/eye injuries. At worst, they could jump out of the window causing serious injury or death.
- If staying at a pet-friendly hotel or campsite, be sure to apply prescription strength flea and tick preventative beforehand to avoid bringing home unwanted pests. For optimum results, avoid internet purchased products.
- Close to 20% of pets get sick in the car, start training your pet with short trips and increase their duration. Call us for help with this. No time to train before the trip? We have medication to help.



When traveling by plane:

- Find out from the airline what specific documents you will need prior to the trip.
- Have copies of vaccination records and medications on hand during the trip.
- Make sure your pet has proper identification on at all times. ID tags on collars can easily be removed or lost, a more permanent solution would be microchipping or tattooing. Call us for more details on microchip application.
- If your pet will be checked into the cargo area, the kennel must be non-collapsible, tall enough for the pet to stand, and have a leak proof bottom covered with absorbent material.
- Be sure to check the weather at home and at your destination; be prepared.



6 steps to train your pet for a car ride:

1. Familiarize your pet with the carrier or seat belt at home.
2. Practice having the pet in the restraint in the vehicle with the vehicle off.
3. Practice step 2 with the vehicle running.
4. Move the vehicle short distances, i.e. one block or up and down a driveway. When the pet gets out of the vehicle, have a play session.
5. Increase the distance of the ride.
6. Once the pet is comfortable riding in the vehicle, take the pet some place that is fun.

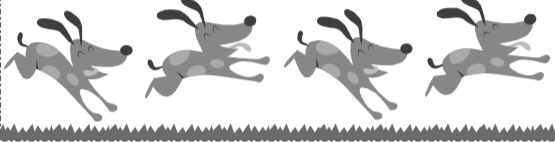


Training Corner

Home alone. With our busy work schedules, our pets are spending more time alone. Some pets are OK with this, while others suffer from separation anxiety. This form of anxiety can be seen in pets that cry, bark or howl, destroy household items, bedding or eliminate in the house when left home alone.

Simple changes in your routine combined with teaching behaviors that allow your pet to look forward to you leaving is all you need to help you and your pet get through these tough departures.

Call and set up an appointment today to speak with Dr. Valesse about teaching you how to help your pet get over those anxiety moments. Call us at 839-8116.



Did you know that from our website you can:

- View your pet's health info
- Order prescription refills
- Request appointments
- Post photos and stories of your pet
- Have access to an extensive pet health library
- Print proof of your pet's vaccine history



Log on to Pet Portals today to take advantage of these free services and to be proactive in the health-care of your pet.

Pet Tales

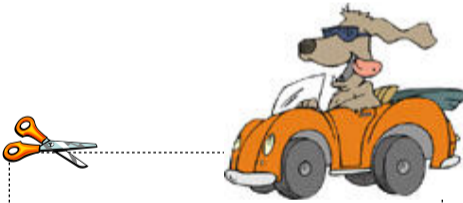
Introducing our newest online addition, *Pet Tales*, an internet blog site where you can read stories about pets and post your own. We know your pet's are cute and adorable and at times do amusing things. Share with other pet lovers your pet stories on our *Pet Tales* blog site. Visit our website and click the link to check out our new blog site and post your pet's tale today!

Pet Food Collection

To help the needy of Monroe county feed their pets, we are collecting canned and dry (up to 20 pound bags) pet food. The food will be distributed through meals on wheels. Please bring your unopened and unexpired donations to our office. Thank you in advance for your generosity.

Future Veterinarian Scholarship

James Shea, son of Mr. James Shea and Ms. Debra Weidtman of Stroudsburg, is a recent graduate of Pocono Mountain East High School and was the recipient of our Future Veterinarian Scholarship this year. The scholarship is awarded to an outstanding senior who is planning a future career as a Veterinarian. This is the 5th annual awarding of the scholarship, provided by Dr. and Mrs. Joseph Valesse.



\$2.00 off Motion Sickness medication for your pet.
Offer expires 9-01-09
No other discounts apply



\$3.00 off Bath

Offer expires 9-01-09
No other discounts apply

\$1.00 off Boarding per night
Limit 5 nights

Expires 9-01-09
No other discounts apply



For after hours emergencies call 839-6039

OFFICE HOURS
Mon., Thurs., Fri. 8-4
Tues. 8-7
Wed 8-12
Sat. 8-12

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